* I’m sleeping better
* Helped me lose weight.
* I have pre diabetes and I never want to go on insulin....I’m working to prevent that.
* I am working with my nutritionist to reduce my risk of cancer coming back.
* I have so much more energy at work, home and I have my nutritionist to thank.
* I couldn’t afford to work with a nutritionist but it was preference.
* Waiting for a dietician through my doctor took 6 months.
* I am still waiting.
* It was prescription after prescription for recurrent infections until I started working with my nutritionist.
* I’ve had employees declined coverage for their nutritionist.
* I would like to choose the practitioner that I want to work with, not make the choice because of limitations to my group coverage.
* I was able to come off my heartburn medication as a result of working with my holistic nutritionist
* I chose a holistic nutritionist because she considered more than just the food I ate – it was about all of the things that contribute to my well-being. It was the whole body approach I needed just when I needed it.
* When I started to work with my holistic nutritionist, she didn’t only help me, my whole family benefited...even my husband lost 20 pounds!
* Unfortunately, due to lack of insurance coverage I could not continue working with my nutritionist.  It was a shame because we were making good progress.
* Helped to curb inflammation in my body.
* I am better able to control my pain by making proper choices.
* I am arthritic and I have noticed I have better mobility.
* I did not get sick this winter. My nutritionist worked with me on boosting my immunity.
* I noticed that my seasonal allergies are much reduced.
* My on-going stomach issues are totally under control! I just have to watch what I eat. My nutritionist showed me how.
* I am no longer running to the restroom during meetings.
* My nutritionist helped put all the pieces of my health puzzle together.
* My nutritionist gave me my life back!
* I have new found energy and no more brain fog.
* I am living my best life now.
* I chose not to take the flu vaccine and work with my nutritionist instead. Worked for me!
* I try to do things as naturally as possible so a more holistic approach fit with my needs.
* I don’t like the one size fits all approach of conventional practitioners.
* I no longer bloat or belch when I eat. My wife is much happier!
* My nutritionist helped me limit the foods that were headache triggers for me.
* I learned so much working with my nutritionist.
* I have learned how to use more of the good, healthy foods in my cooking.
* I can now see how most of the population is suffering from poor health due to an inadequate diet.
* I want to have choice regarding all my health issues.
* I have so much more energy.
* I feel way more productive.
* I no longer have those 3pm tired blues.
* I feel healthier than ever before — no one has helped me as much as my nutritionist.
* I am so glad that my nutritionist got me feeling so good that I was able to speak with my MD about reducing my medications.