



335 St. Andrews Street East  
 Fergus, ON N1M 1R3  
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 www.cannp.ca info@cannp.ca

## Upgrading/Mentoring Information For Member Renewals

**Minimum requirement is the equivalent to 30 hours. Photocopies of certificates, diplomas, and/or receipts of payment are required.**

Name: \_\_\_\_\_ CANNP No.: \_\_\_\_\_

### Mentorship Requirement (a requirement for renewal - maximum 3 hours)

| Name of Person(s) Mentored or forum | Type of Mentorship | Hours of Mentorship |
|-------------------------------------|--------------------|---------------------|
|                                     |                    |                     |

Please indicate if we can add you to our **Mentors** list so that we can pair you up with someone who needs assistance:

Yes, please add my name.  No, I will find someone to mentor by myself.

| Seminar/Workshop/Course Name | Instructor/School | # of Study Hours |
|------------------------------|-------------------|------------------|
|                              |                   |                  |

| Videos/audios/books studied  | Name and Author | Date Published |
|--|-----------------|----------------|
| <p><i>(each one is allocated 3 hours) Please provide a 100-200 word review on a separate sheet for each of your entries. If we use your review in our newsletter you will receive a 1 hour upgrading credit.</i></p> |                 |                |
|  |                 |                |

Continue please ....



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Name: \_\_\_\_\_ CANNP No.: \_\_\_\_\_

| Research required for presentation preparation   |                          |                |
|--|--------------------------|----------------|
| Title  | Location of presentation | Date presented |
| (maximum of 10 hours for each presentation) Please provide a 150-200 word overview of your presentation. |                          |                |



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Name: \_\_\_\_\_ CANNP No.: \_\_\_\_\_

| Article preparation and use for public educational purposes<br>Title  | Use of Article | Date<br>published | Allow use<br>in newsletter |
|---|----------------|-------------------|----------------------------|
| (maximum of 5 hours for each article) Please attach a copy of your article. Indicate whether you will allow it to be used in whole or part, with full credit to you, in the CANNP newsletter. |                |                   | (y/n)                      |